Student Support - I Need Help With...

- **Uni and Life in Australia**
  - Stress, Financial, Visas, Accommodation & More
  - student.unsw.edu.au/advisors

- **Reporting Sexual Assault/Harassment**
  - student.unsw.edu.au/sexual-misconduct

- **Equitable Learning Services (ELS)**
  - student.unsw.edu.au/els

- **Academic and Study Skills**
  - student.unsw.edu.au/skills

- **Special Consideration**
  - student.unsw.edu.au/special-consideration

- **My Feelings and Mental Health**
  - Managing Low Mood, Unusual Feelings & Depression
  - student.unsw.edu.au/counselling
  - student.unsw.edu.au/mind-hub

- **Mental Health Connect**
  - Telehealth
  - student.unsw.edu.au/mind-hub

- **Mind HUB**
  - Online Self-Help Resources

- **In Australia Call Afterhours**
  - UNSW Mental Health Support Line
  - 1300 787 026
  - 5pm-9am

- **Outside Australia Afterhours**
  - 24-hour Medibank Hotline
  - +61 (2) 8905 0307